







## DENGUE

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## CHILDREN'S HOSPITAL 1 HO CHI MINH CITY







Rossman et al.



Dengue is self-limited, systemic viral infection transmitted between humans by mosquitoes.

\* Dengue virus- single-stranded positive-sense RNA viruses; 4 serotypes (DEN-1, DEN-2, DEN-3, DEN-4)

•Mosquitoes: *Aedes- aegypti, A.albopictus* 



- 1. Epidemiology
- 2. Clinical manifestations & Diagnosis
- 3. Management of Dengue
- 4. Prevention
- 5. How can Case-fatality rate of Dengue be reduced?

## 1. Epidemiology

### Dengue is a serious public health problem worldwide (50 million infections/year across 100 countries)

Figure 1. Average number of dengue and severe dengue cases reported to WHO annually in 1955–2007 and number of cases reported in recent years, 2008–2010



## Global Dengue Risk



#### (Simons CP et al. 2012. N Engl J Med 366:1423-32.)

# The 30 most highly dengue endemic countries (wнo 2012)

Figure 3. Average number of dengue cases in 30 most highly endemic countries/territories as reported to WHO, 2004–2010



## Dengue in Vietnam (1Jan-20 Sept: 40,000 reported cases, 25 deaths) [National Dengue Control Program, 2015]



#### PHILIPPINES

#### Philippines

From 1 January to 1 August 2015, there were 48,872 suspected cases of dengue, including 162 deaths, reported in Philippines. This is 4.03% higher compared with the same reporting period in 2014 (n=46,980) (Figure 3).



Figure 3: Number of dengue cases per morbidity week in 2015, Department of Health National Epidemiology Centre, Philippines

(WHO, Western Pacific Region, Dengue Situation Update 2015, No. 472)



#### Malaysia

As of 15 August 2015, there were 75,795 cases of dengue with 212 deaths reported in Malaysia for 2015. This is 26.8% higher compared with the same reporting period of 2014 (n=59,790) (Figure 2). From 9 to 15 August 2015, there were 2,532 cases of dengue reported, 2% lower than the number of cases reported in the previous week (n=2,583).



Figure 2: Number of dengue cases per week 2014-2015, Department of Health, Malaysia

(WHO, Western Pacific Region, Dengue Situation Update 2015, No. 472)

#### SINGAPORE

#### Singapore

As of 15 August 2015, there were 5,868 cases of dengue reported in Singapore for 2015. From 9 August to 15 August 2015, 221 dengue cases were reported, 5 cases fewer than the previous week, and lower than the same reporting period in 2013 and 2014. (Figure 4).



Figure 4: Number of dengue cases per week 2011-2015, Communicable Diseases Division, Ministry of Health Singapore (WHO, Western Pacific Region, Dengue Situation Update 2015, No. 472)

## **Replication and Transmission** of Dengue Virus (p.1)

- 1. Virus transmitted to human in mosquito saliva
- 2. Virus replicates in target organs
- 3. Virus infects white blood cells and lymphatic tissues
- 4. Virus released and circulates in blood











## **Replication and Transmission** of Dengue Virus (P.2)

- 5. Second mosquito ingests virus with blood
- 6. Virus replicates in mosquito midgut and other organs, infects salivary glands
- 7. Virus replicates in salivary glands





## Transmission of Dengue Virus by *Aedes aegypti*



CENTERS FOR DISEASE CONTRO



#### Immunopathogenesis of Dengue (Simmons CP et al.(2012). N Engl J Med 366;15, 1423-1432)



The correlation between pathophysiology and clinical manifestations of DHF

(Hung and Thanh, 2002)

## 2. Clinical manifestations & Diagnosis

#### **CLINICAL MANIFESTATIONS**







#### **CLINICAL DENGUE COURSE (WHO, 2009)**

## Clinical diagnosis of Dengue Fever based on WHO's criteria, 1997

Fever (2-7 days) with  $\geq$  2 of the followings:

- Headache
- Retro-orbital pain
- Myalgia/ arthralgia
- Rash
- Nausea and vomiting
- Haemorrhagic manifestations (positive tourniquet test(\*), petechiae, gum bleeding, epistaxis, menorrhagia, or GI bleeding)
- Leukopenia

# Clinical diagnosis of DHF based on WHO's criteria, 1997

#### **Clinical:** \* Fever

- \* Bleeding manifestations
- \* Shock

#### Laboratory:

- \* Evidence of plasma leakage: Rising Hct ≥ 20%; pleural effusion; ascites.
- \* Thrombocytopenia
- $\leq$  100000/mm<sup>3</sup>.

Diagn	osis	
	Grading s	severity
	*Grade I	Non-shock
	*Grade II	DHF
	*Grade III	DSS
	*Grade IV	

## **Clinical findings of DHF patients**

Fever	4.4 ±0.9 days (2-7 days)
Petechiae	57%
<b>GI bleeding</b>	12%
Gum bleeding	7%
Epistaxis	14%
Hepatomegaly	86-98%
Shock	27%
	0)  D = 11 + 12 = 22 + 150 + 1(1)

(Lan, Hung et al. (1998). *Dengue Bulletin*, 22:150-161)

### **Bleeding manifestations**

The tourniquet test (+); petechiae; gum bleeding; epistaxis, GI bleeding.



Severe GI bleeding in fatal DHF (Nath B, 1997)

# Bleeding manifestations in 60 adults with DHF/DSS (Trung DT, 2001)



LI

#### **Hepatomegaly-Liver dysfuctions**



• Hepatomegaly 87-94%.

 Thailand: 85-93% (Kalayanarooj,2000); Philippines, India 4-20% (Hayes *et al.*,1988, Agarwal *et al.*,1999)

#### Liver damage in Dengue patients

\*AST, ALT<sup>+</sup>- mild to moderate liver dysfunction; some patients may suffer acute liver failure

Dengue encephalopathy [Lan, Hung,1997, Res. Virol. 148: 273-277; Cam et al.,1999,AJTMH, 65:848-851]

\* Liver biopsy in fatal DHF- severe diffuse hepatitis, dengue antigen in hepatocytes, apoptosis [Huerre, Lan *et al.*, 2001,Virchows Arch,438:107-115].



Liver: Immunohistochemistry with DEN-3 antibody, APAAP and fast red- Detection of DEN virus antigen in and around areas of necrosis (x250). Inset: x1000 Immunohistochemistry: Councilman bodies containing dengue virus antigens APAAP and fast red (x400)

[Heurre, Lan et al (2001) Virchows Arch 438:107-115]

## **Dengue encephalopathy**



Cerebral edema (MRI, T1WI) (Cam BV et al.( 2001). AJTMH 65, 848 - 851 **Cerebral encephalitis** (MRI, T2WI)

# DSS, leading cause of death in Dengue patients



\* 8,802 (27.1%) DSS cases during 1991-2003.
\* 85 % of cases going into shock on 4, 5 th day.

## **Dengue shock syndrome (DSS)**

- Grade III DSS: Circulatory failure with tachycardia, weak pulse, pulse pressure
   ≤ 20 mm Hg or hypotension for age; cold, clammy skin; restlessness.
- Grade IV DSS: Profound shock with undetectable pulse and blood pressure.

### **Evidence of plasma leakage**



[Suchitra N., 2003; Hung NT, 2004]

**Evidence of Plasma leakage:** Rising Hct  $\ge 20\%$ ; pleural effusion; ascites

## **DHF IN INFANTS (107 infants)**

95.3% had primary dengue infections Age:  $6.7 \pm 2.5$  months (1-11 months) 5.2 ±1.8 days Fever (2-13 days)99.6% Petechiae **GI** bleeding 7.4%**Hepatomegaly 97.1%** Shock 25.7%



[Hung et al. (2004). J of Infectious Diseases, 189:221-232]

### **Laboratory findings**

		<b>Total DHF Non-shock DHF</b>		<b>DSS</b>	
		(n=245)	(n=182)		(n=63)
•	Peak Hct (%)	40.2±4.3	39.1±3.5	<b>P&lt;0.001</b>	43.6±4.8
•	Increase				
	in Hct (%)	34.4±14.1	31.1±12.6	<i>P &lt;0.001</i>	44.1±13.6
• Lowest platelet count,					
	×10 <sup>3</sup> /mm <sup>3</sup>	66.8±37.5	71.4± 39.1	<b>P&lt;0.001</b>	53.5±28.5

**Increase in Hct ≥ 20%: 224 (91.4%)** 

 Thrombocytopenia (≤100×10³/mm³): 230 (93.8%)
 [Hung et al. (2004). J of Infectious Diseases, 189:221-232]
#### Diagnostic tests of Dengue

- Virus isolation, RT-PCR
- ELISA, Rapid test: IgM, IgG
- NS-1 antigen detection

### **Diagnostic tests**



600-400-200-



Semi-nested PCR \* C : control \* DEN-3: in serum(S) and liver (L) (Huerre, Lan et al. (2001) Virchows Arch 438:107-115)



Kinetics of IgM, IgG, PCR and NS1 in acute plasma of confirmed dengue cases. NS1 antigen as a early viral maker [Simmons et al. JID 2007; 196:416–24]

## **Differential Diagnosis**

- Other arboviral infections
- Measles, rubella, enterovirus infections, adenovirus infections and influenza.
- Typhoid, malaria, leptospirosis, viral hepatitis, rickettsial diseases, and bacterial sepsis.

## **Systematic reviews** [Bandyopadhyay et al Trop Med and Int Health, 2006, 11:1–16]

- Systematic literature review: 37 studies (post 1975)
   Results: Severe dengue without fulfilling the WHO criteria for DHF
- Dengue with haemorrhagic manifestations but without vascular leakage
- Dengue with shock syndrome, but without fulfilling the 4 WHO criteria, up to 18 % of patients with shock syndrome
- Frequently organ failure is reported causing severe disease
- **3. Conclusion: the WHO dengue case classification needs revision**



The WHO dengue classification and case definitions: time for a reassessment

Jacqueline L. Deen, Eva Harris, Bridget Wills, Angel Balmaseda, Samantha Nadia Hammond, Crisanta Rocha, Nguyen Minh Dung, Nguyen Thanh Hung, Tran Tinh Hier, Jeremy J Farrar Classification Schemes for Dengue the DENCO Study



#### WHO & TDR: New Dengue Guidelines: translating research into practice

The  $2^{nd}$  edition (1997)

The new edition (2009)



#### (Olaf Horstick, TDR, Geneva, Switzerland)





#### HANDBOOK FOR CLINICAL MANAGEMENT OF DENGUE





WHO, 2012

## **Preceding Dengue Classification**

- Presumptive Diagnosis
- Fever
- Anorexia and nausea
- Rash
- Aches and pains
- ± Warning signs
- Leucopenia
- Positive tourniquet test
- Neighbourhood dengue/history of travel to dengue endemic area

### **Dengue Classification**



Presumptive Diagnosis

- •Fever
- •Anorexia and nausea
- •Rash
- •Aches and pains
- •± Warning signs
- •Leucopenia
- •Tourniquet test +

Neighbourhood dengue/history of travel to dengue endemic area •*Requiring strict observation and eventually IV fluids plus other medical interventions* 

### Dengue Classification



\* Requiring strict observation and medical intervention



#### Criteria for dengue ± warning signs

#### **Probable dengue**

Live in/travel to dengue endemic area. Fever and 2 of the following criteria:

- Nausea, vomiting
- Rash
- Aches and pains
- Tourniquet test positive
- Leucopenia
- Any warning sign
   Laboratory confirmed
   dengue

(important when no sign of plasma leakage)

#### Warning signs\*

- Abdominal pain or tenderness
- Persistent vomiting
- Clinical fluid accumulation
- Mucosal bleed
- Lethargy; restlessness
- Liver enlargement >2cm
- *Laboratory:* Increase in HCT concurrent with rapid decrease in platelet count

\* Requiring strict observation and medical intervention

#### Criteria for severe dengue

- **1. Severe plasma leakage** leading to:
- Shock (DSS)
- Fluid accumulation with respiratory distress
- 2. Severe bleeding as evaluated by clinician
- 3. Severe organ involvement
- Liver: AST or ALT>=1000
- CNS: Impaired
- consciousness
- Heart and other organs







## Warning signs

Clinical	Abdominal pain or tenderness Persistent vomiting Clinical fluid accumulation Mucosal bleed Lethargy, restlessness Liver enlargement >2cm
Laboratory	Increase in HCT concurrent with rapid decrease in platelet count

## 3. Management



#### **CFR <1- 5%**

The primary objectives of the Dengue Control Program: Reducing casefatality rate & morbidity rate

- \* In less severe cases (non-shock DHF) patients will recover spontaneously or shortly after intravenous fluid administration.
  \* In more severe cases (DSS), patients may die
- within 12-24 hours if appropriate treatment is not promptly administered. Volume replacement is the mainstay of treatment of DSS.





diseases of poverty UNCEF-UNDP-World Rank-WHO World Healt Organization Treatment of non-shock DHF (grade I, II)

(Group A – patients who may be sent home)

Most patients can be managed as outpatients Reduce high fever:

- \* Paracetamol 10 mg/kg x 4-6 times
- \* Tepid sponging

Nutritional support:

\* Eat favorite food

\* Drink fruit juices, ORS, plain water



## Counsel mother/ caretakers

\* How to take care the child at home.
\* Bring the child to the hospital immediately when warning signs of shock appeared.

## **Admission criteria**

- 1. Patients with severe Dengue → Require emergency treatment
- 2. Patients with:
  - \* warning signs;
  - \* co-existing conditions;
  - \* certain social circumstances
- → Referred for in-hospital management



Oral rehydration

Dengue patients

### IV fluid in non-shock Dengue (30% of cases)

- Type of IV fluid: Ringer Lactate (RL), Ringer Acetate (RA), 0.9% saline
- Rate of fluid: Start with 5 7 ml/ kg/hr, then slow down gradually

	Children	Infants
	(n=77)	(n=145)
* Average amount of fluid	105 ±36.7 mL/kg	102.1 ±28.4 mL/kg
* Duration of intravenous transfusion	20 ± 8.6 hrs	25.9 ± 8.1 hrs [Hung et al. (2006). Am. J. Trop. Med. Hyg.,74(4):684- 691]

## **Principles of treatment of DSS (grade III, IV)**



## IV fluid for DSS patients

- Type of intravenous fluid: RL; 0.9% saline; colloid solution: dextran-40,70, hydroxyethyl starch.
- Rate of intravenous fluid:
  - \* Grade III: start with 15-20 ml/ kg/ hr.

\* Grade IV: start with 20 ml/ kg/dose IV push for 15 minutes until blood pressure, pulse can be measured, then reduce to 10 - 20 ml/ kg/ hr.

#### Average amount of intravenous fluid in DSS patients

	Children* (n=218)	Infants* $(n=63)$
- Average amount of fluid	$121.7 \pm 38.6 \text{ mL/ kg}$	$129.8 \pm 36.9 \text{ mL/kg}$
- Duration of IV fluid transfusion	21 ± 8.1 hrs	25.7 ± 10.2 hrs

\* [Hung et al. (2006). Am. J. Trop. Med. Hyg., 74(4):684-691]

Average amount of fluid in adults with DSS <= 80 ml/ kg/ 24 hrs [Hien TT, 2005]

### **Randomized Control Trials** for the treatment of Dengue

- 1. Dung NM et al. Fluid replacement in dengue shock syndrome: a randomized, double-blind comparison of four intravenous-fluid regimens. Clin Infect Dis. 1999, 29(4):787-94
- 2. Ngo NT et al. Acute management of dengue shock syndrome: a randomized double-blind comparison of 4 intravenous fluid regimens in the first hour. Clin Infect Dis. 2001, 32(2):204-13
- 3. BA Wills et al. Comparison of three fluid solutions for resuscitation in dengue shock syndrome. N Engl J Med. 2005, 353(9):877-89

### **Conclusions from 3 randomized control trials**

- 1. The majority of children with DSS can be treated successfully with isotonic crystalloid solutions.
- 2. If a colloid is judged to be necessary a medium molecular weight preparation which combines good initial plasma volume support with good intravascular persistence and an acceptable side effect profile is probably the preparation of choice.
- 3. Further research is needed to determine whether early treatment with a colloid confers a true advantage in those with severe shock.

## **Patients at risk of severe bleeding:**

- Profound/prolonged/refractory shock;
- Multi-organ failure; severe metabolic acidosis;
- Given non-steroidal anti-inflammatory agents;
   on anticoagulant therapy;
- Pre-existing peptic ulcer disease;
- Have any form of trauma

 Blood transfusion is life-saving and should be given as soon as severe bleeding is recognized. **Do not wait for the HCT to drop too low before** deciding on blood transfusion. • Give 5–10ml/kg of fresh-packed red cells or 10–20 ml/kg of FWB. (WHO, 2009)

No evidence to support the practice of transfusing platelet concentrates and/or freshfrozen plasma for severe bleeding. It is being practised when massive bleeding persists but it will exacerbate the fluid overload (WHO, 2009)

## Monitoring DHF/DSS patients

# **DHF/DSS patients should be under constant and careful observation.**



- \* Clinical: general condition, appetite, capillary refill time.
- \* Vital signs.
- \* Hematocrit.
- \* Intake, output.

## 4. Prevention

- Vector control
- Vaccine

**New vector-control approaches** 

The release of genetically modified male **mosquitoes** that sterilize the wild-type female population, thereby reducing egg output and the population size of the next generation that would be available for potential transmission of the DV.

(Simons CP et al. 2012)
**Embryonic introduction of strains of the obligate** intracellular bacterium wolbachia into A. aegypti. Strikingly, wolbchia-infected A. aegypti are partially resistant to DV infection and can invade natural Aegypti populations, suggesting the possibility of induction of widespread biologic resistance to DV in A. aegypti populations. (Simons CP et al. 2012)



### **Questions and Answers on Dengue Vaccines: Phase III study of CYD-TDV in Latin America**

November 2014

• WHO goal of reducing dengue morbidity by at least 25% and mortality by at least 50% by 2020.

• The vaccine candidate currently at the most advanced clinical development stage is a live attenuated tetravalent dengue vaccine developed by Sanofi Pasteur (CYD-TDV).



### **Results of efficacy in Asia**

→ @ î ① Clinical efficacy and safety of a novel tetravalent dengue vaccine in healthy children in Asia: a phase 3, randomised, observer-masked, placebo-controlled trial

Published Online a phase 3 vaccine efficacy trial of a candidate dengue vaccine. We aimed to assess the efficacy of the CYD dengue

Maria Rosario Capeding, Ngoc Huu Tran, Sri Rezeki S Hadinegoro, Hussain Imam HJ Muhammad Ismail, Tawee Chotpitayasunondh, Mary Noreen Chua, Chan Quang Luong, Kusnandi Rusmil, Dewa Nyoman Wirawan, Revathy Naîlusamy, Punnee Pitisuttithum, Usa Thisyakom, In-Kyu Yaon, Diane van der Vliet, Edith Langewin, Thelma Laot, Yanee Hutagalung, Carina Frago, Mark Boaz, T Anh Wartel, Nadia G Tornieporth, Melanie Saville, Alain Bouckenoghe, and the CYD14 Study Group\*

### Summary Lancet 2014; 384: 1358-65 Background An estimated 100 million people have symptomatic dengue infection every year. This is the first report of

Randomly assigned 10 275 children to receive either vaccine (n=6851) or placebo (n=3424). 250 cases of virologically confirmed dengue took place more than 28 days after the third injection.

- \* The primary endpoint was achieved with 56.5% (95% Cl 43.8–66.4) efficacy.
- \* Recorded 647 serious adverse events (402 [62%] in the vaccine group and 245 [38%] in the control group. Serious adverse events were consistent with medical disorders in this age group and were mainly infections and injuries.

## Main objectives of the phase III study of CYD-TDV in Latin America

- \* Assess the safety and efficacy of CYD-TDV in preventing dengue disease for one year after completion of the vaccination schedule of three doses given 6 months apart.
- \* Evaluate immunogenicity.

### Results

The study population consisted of 20,869 children aged 9 to 16 years in five countries in the Latin America region: Brazil, Colombia, Honduras, Mexico, and Puerto Rico.

The primary efficacy analysis was based on the number of dengue cases of any serotype in vaccinated and control subjects, during a one year observation period from 28 days after the 3<sup>rd</sup> dose.

### Results

In this period, 397 cases of virologically-confirmed dengue were diagnosed.

- Vaccine efficacy against all dengue serotypes combined in this period (the per-protocol (PP) analysis) was estimated as 60.8% (95% CI 52.0, 68.0).
- There was statistically significant protection demonstrated for each of the four serotypes, but the level of protection varied between serotypes. Serotype specific efficacies were secondary trial endpoints: vaccine efficacy against DENV1 was 50.3% (95% CI 29.1, 65.2), against DENV2 was 42.3% (95% CI 14.0, 61.1), against DENV3 was 74.0% (95% CI 61.9, 82.4), and against DENV4 was 77.7% (95% CI 60.2, 88.0).

There was no evidence of an increase in serious adverse events in the trial, which included follow up for 13 months after the three-dose series, consistent with the safety results from the trial in Asia.

# 4. How can the Case-fatality rate of Dengue be reduced?

### Measures contributing to reduction of case fatality rate in Dengue in Southern Vietnam



### **The Challenge of Dengue Management**

- Patients with severe complications (prolonged shock; massive bleeding; respiratory failure; fulminant hepatitis; dengue encephalopathy).
- High risk patients:
  - \* Infants < 1 yr old.
  - \* Obesity

\* Children and adults with underlying diseases (heart, kidney diseases; G6-PD deficiency; thalassemia; asthma; pneumonia, obesity).

### Training & network for case management of Dengue

- \* Conferences/ Video conferences on Dengue
- \* Training courses for doctors, nurses
- \* Training of trainers
- \* Health education for mothers



[Hung and Lan (2003), WHO Dengue Bulletin, Vol. 27, 144-148]

### Training and video-conference on management of Dengue for provincial hospital staffs



**On-site intervention: peer review, training, sharing experience, transferring technology on management of Dengue for provincial staff** 



### Case fatality rate of Dengue/DSS in south Vietnam, 1998-2011



